ALUMNI NEWS

Volume 31 – Number 2

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Audio version voiced by Cliff Hahn, Cliff Hahn Sound

We love your participation in this newsletter. Send submissions to the editor via e-mail asalger@guidedogs.com or alumninews@guidedogs.com

Alumni Association Mission Statement

The Alumni Association will support the vision of GDB, “using our power of partnering to improve quality of life”, by building a strong sustainable community of support among our Alumni. We will work to support Alumni success with their guide, in building relationships with others, and actively participating in the greater GDB community.

Alumni Association Board of Directors Mission Statement

Connecting our community through leadership, advocacy, communication, and outreach

Alumni News is available electronically, in Braille (upon request), and on audio CD (upon request). The audio version of this newsletter and Guide Dog News can be found on our website, guidedogs.com. If you are able to access email and would like future issues sent to you electronically, please let Theresa Stern know at tstern@guidedogs.com Email allows us to get the news to you in a timely manner and is easy on the environment!

NEW! Alumni News is now available as a podcast, you can find it at Apple Podcasts, search for Alumni Updates. Please note that the recording of the newsletter takes some time so issues will post at a later date than the email version.

We'd like to send our very special thanks to all of our Alumni who, by their efforts and their examples, refer others to our program.

Interested in a career with GDB? Check out our opportunities at: <http://guidedogs.com/careers>

Browse all GDB’s newsletters, including back issues of Alumni News at [www.guidedogs.com/news](http://www.guidedogs.com/news)

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# FROM YOUR ALUMNI ASSOCIATION

## Interview with Derek Daniel

By Cheri Owen with *Martinez*

Let’s Give a Big Welcome to Our Newest GDB Alumni Board Member, Derek Daniel

Derek is excited to be a part of the GDB Alumni Board and was kind enough to spare a few moments for an interview with me.

***What would you like to tell us about your guide dog, Koa?***

Koa is 5 years old and we have been a team since August 2019. We graduated from the Oregon campus. He has brindle coloring on his snout and the front part of his legs and I like to say that he “looks like he was playing in the mud.” If Koa had a job, he would be a taste tester. I say this because he has a tongue that is a lethal weapon! When I met Koa’s puppy raisers before graduation they told me: yep, his licking is the one thing we couldn’t break. It is definitely his calling card. “I warn everyone that Koa is going to lick you and without fail everyone says – he really does like to lick.” That’s his trademark thing. Koa is an amazing worker. He is so mindful and cautious when we work, but not scared or timid. If he misses an overhead, he won’t miss another one and will stop several feet ahead to make sure. He is amazing with my teenage kids, always wants to give love and be touching someone or have his head on a lap, and his favorite snack, that he wants, would be popcorn. If he hears us popping popcorn on the stove, Koa is front and center, waiting for a piece to drop!

***When did you realize you wanted to be a guide dog handler rather than a cane user?***

When I lost my sight, I knew a lady in town who used a cane, and I didn’t want to use one. I grew up knowing about guide dogs from the media and I reached out and spoke with my vocational rehab counselor. Although he didn’t know it, he was also my transition counselor and was very kind and so helpful. He put me in touch with Leader Dogs in Michigan. When I met with my orientation and mobility instructor I told her: I need a guide dog! The training was a means to an end for me: I still use my cane occasionally but knew right away I wanted a guide dog.

***What is your favorite season?***

Autumn. I love the crisp weather and all the smells of that time of year.

***What is your favorite movie?*** I am a huge *Star Wars* nerd. After that, my top three movies are *Back to the Future*, *The Mummy*, *The American President* and I have a VHS from years ago of the movie *The Mannequin*.

***What is your favorite book?***

I’m a John Grisham fan, so it would be *A Time to Kill*, and yes, I saw the movie, too.

***What is your favorite song? (This is for you Naperville)*** I am a music person for sure. I grew up in Indiana, so I love country music. My favorite musician is Ben Rector. I listen to him so much that when Spotify sends out their yearly “what I listened to” I received a video from Ben Rector saying that if I am watching this, I am in the top 1% of his fans! I am a musical theatre buff and I love songs with a story.

***What about any hobbies?*** I love to read anything about *Star Wars*. I read the new books, stories and watch peoples reviews. My YouTube channel is a hobby I enjoy. My wife, April, enjoys hiking, and I love her, so by default, I go hiking. (Laughter) I enjoy watching my son, Noah (17) play lacrosse and my daughter, Aubrey (13) participates in band and drama.

## GDB Rideshare Survey Closed:

By Maia Scott with *Gleam*

The GDB Alumni Board Rideshare Team would like to thank all the handlers who took time out of their busy days to complete a survey asking about handler’s rideshare usage and experiences.

One hundred eighty-seven handlers shared their responses with us.

Board member and professor of communications Melba Valez-Ortiz and others will wrangle all the information submitted and translate it from daunting columns of numbers into parsable pockets of information about guide dog handlers’ collective rideshare trials and triumphs.

This process will take a while. So hang onto your seats (in your rideshare or otherwise) and we will share the findings once Melba, team leader Claire and the rest have a written statement to share with rideshare companies and the community at large.

# SUMMER SUN AND FUN

## Hot Diggity Dogging It-Keeping it Cool in Hot Weather

By Maia Scott with *Gleam*

She lounges prettily at the poolside, her fine fur coat shimmering in the sunshine, rippling in the hot summer breeze as she bats her melty come-hithers at you, following the progress or your innertube as it gently swirls through the sparkling blue water, ice gently clinking in a chilled class at your elbow.

He stands amidst boulders wide-legged, determined gaze lovingly meets your eyes, steadfast and confident atop a bluff with rugged blue mountains framing his muscled physique, clad head to toe in sleek fur that ripples in time with the sparce grasses dappled around you and pick up blue tones from the vast skies apexed by the white-hot sun…

Are we witnessing the ultimate, epic dream date vacation featuring your favorite celeb. or someone special?

Or is it time to take measures to keep Juno cool and safe?

Fess up. Both answers are correct. The details for answer number one are entirely up to you. For the moment, let’s focus on the second and explore some summer safety tips to protect the wellbeing of both members of your team: Some of these summer safety tips come courtesy of the Humane Society and American Kennel Club (not necessarily in these words).

* Shake your booties: Asphalt, shale and other surfaces can heat up like stove top burners in some areas during the summer. Asking Juno to high-step it in those funky boots will make trips to the top of the mountain or to that favorite Gelato joint much more pleasant for both of you.
* Buggy down! – Skeeters and fleas and ticks, oh my! They are all out to play along with you and your dog and looking for the next all you can eat buffet. Let it not be fresh retriever. So remember to keep up on that flea and tick regime leading up to the summer fun and during.
* Drink plenty: Of water, that is. Carry plenty of H2O for you and Juno and know both where you can stop to refresh and where you can refill if need be. If you are at a beach or near standing water, avoid allowing your dog to drink it.
* Engage in some heavy petting: Truly, pet your dog a lot after engaging in outdoor activities. Petting and running your fingers through your dog’s fur both feels good to Juno and offers you a chance to do a full body check for fox tails, irritated insect bites, ticks, hot spots, stickers between toes and more.
* Be a shady character: If you are hot and sweaty, your dog may be too. Seek a tree or covered area to pause and have a drink of water or offer praise for a job well done. If you want to carry your shade with you, consider a sunhat for you and a temperature moderating coat for Juno.
* Map, scheme and have an escape plan: When Mama Nature’s showing her hot temper, it’s important to know where you are going and have a back-up plan if it doesn’t work out. If you are going to visit unfamiliar or less populated areas, consider mapping out your routes complete with stopping options along the way. Also, consider telling someone where you are going, programming local non-emergency response numbers into your phone and having rideshare or taxi apps on hand… just in case.
* Double dip: Whatever you do for your dog, do for yourself – and the reverse. For instance, paw dips are a great way to cool your dog on a hot day. While doing that, dip your shirt or a cloth and run it over your face and neck to cool yourself off.
* Get those pants down: If your dog is panting, drooling extra, doing a jig picking one foot up then the other, laying down on the job or showing other unusual behaviors, consider doing your chores during cooler hours or seeking an alternative means to get to your destination during the hot months. Remember that asking for help doesn’t mean you are a hot mess, it simply means you prefer to relegate hot dogs to barbecue parties and buffed bods rather than potentially risky summer guide work.

## Team Game Play – A Poem

By Maia Scott with *Gleam*

While we’re busy working, wagging

We leave nothing loose or lagging

Keeping partners, guide dog team

Moving forward like a dream:

First and foremost, orient and aim.

While keeping fun the guide dog games.

Play some tug or hide or fetch

Squeak and spin or dodge and catch.

And of course, there’s games that train

To seek and find, resist, refrain.

Obedience: sit, down and stay

Are but forms of fun and play.

A target, find a door or chair

Wag a tail, wet nose is there.

Found that door, found the seat

Hand in pocket, palm a treat.

On the road, challenge route,

Find your joy and let it out.

Praise the pace, a power mile

The public sees you work and smiles.

Harness handle reads of stress

Prevent a bungle, crossing mess.

By pausing breathing, offer praise

Morale for both will bloom and raise.

If you find your patience gone,

“Okay, Juno. Game is on!”

Then ask of Juno a simple move.

Sit. Success. Back in the groove.

Animated praise a plenty

The game is going, four and twenty.

With your guide dog game day ready,

“Juno, forward!” strong and steady.

## Sports and Outdoor Activity Resources

By: Pete Berg with *Lloyd*

Want to turn the heat up a little this Summer by trying a new sport? Here’s some resources for you!

[Bicycling Blind | Connecting visually impaired stokers with sighted tandem captains.](https://bicyclingblind.org/)

<https://bicyclingblind.org/>

-Endeavors to increase the participation of individuals who are visually impaired or blind in the exhilarating sport of tandem cycling.

[Cycling | InTandem Cycling | United States](https://www.intandembike.org/about-us)

<https://www.intandembike.org/about-us>

-InTandem is a 501(c)(3) not-for-profit organization whose mission is to provide tandem cycling programs to people who are blind, have low vision, or cannot ride independently due to other disabilities.

[United States Blind Golfer's Association](https://www.usblindgolf.com/)

<https://www.usblindgolf.com/>

-The United States Blind Golf Association is organized and operated for the purposes of benefiting blind and vision-impaired persons and promoting the public good through programs that advance, and increase public awareness of, golf among the blind and vision-impaired throughout the United States.

[International Blind Golf Association](https://www.internationalblindgolf.com/)

<https://www.internationalblindgolf.com/>

The IGBA offers totally blind and severely visually impaired golfers, with the assistance of their coaches/guides to enjoy the friendship and exercise the game provides - but most of all the thrill of hitting a good shot. The also offer the challenge of competition against other blind golfers.

[American Blind Golf](http://www.americanblindgolf.com/)

http://www.americanblindgolf.com/

-The ABDGA has been formed to promote golf, whether for competition or fun. Some of their goals are to: Educate the general public about blind and disabled golf; Involve the general public with our golf tournaments and other activities; Promote the game of golf to young blind and disabled people through clinics, seminars and other educational activities.

[International Blind Sports Federation](http://www.ibsasport.org/)

<http://www.ibsasport.org/>

The IBSA goal is the full integration of the blind and visually impaired through sport at all levels.

[National Sports Center for the Disabled](http://www.nscd.org)

<http://www.nscd.org>

Offers rafting, sailing, therapeutic horseback riding, mountain biking, adaptive cycling camping, hiking, in-line skating, rock climbing, baseball camps and more.

[Blind Sports and Recreation Resources | National Technical Assistance Center](https://www.ntac.blind.msstate.edu/resources/blind-sports-and-recreation-resources)

https://www.ntac.blind.msstate.edu/resources/blind-sports-and-recreation-resources

Offers resources for additional summer activities and also winter sports and activities

## Pete’s Summer Playlist

By: Pete Berg with *Lloyd*

Whether you are sitting by the pool, hosting a backyard BBQ, or just “chillin” this Summer, here are some tunes to set the mood!

Surfing Safari- Beach Boys

Rockaway Beach- Ramones

Redneck Yacht Club- Craig Morgan

Magic The Cars

Summer in the City- The Lovin' Spoonful

Island In The Sun- Weezer

Under the Boardwalk- The Drifters

Frankie- Bruce Springsteen

Having a Party- Sam Cooke

Hot Fun in the Summertime- Sly and the Family Stone

Summer Nights- Rascal Flatts

The Boys of Summer- Don Henley

Vacation- The Go-Go's

Saturday in the Park- Chicago

Heatwave- Martha and the Vandellas

Cruel Summer- Bananarama

Rock Lobster- The B-52's

Summer Of '69- Bryan Adams

Pontoon- Little Big Town

Summertime Blues- Eddie Cochran

Constructive Summer’- The Hold Steady,

Heavy Metal Drummer- Wilco

Dancing in the Street- Martha and The Vandellas

4th of July, Asbury Park (Sandy)- Bruce Springsteen

Night Fishing- Nitty Gritty Dirt Band

# SAVORING SUMMER, SNACK & SIP

## Martinez’s Refreshing Herby Summer Dog Treats

By: Cheri Owen with *Martinez*

There’s nothing more that Martinez loves than coming home from working or playing and joyously licking and then quickly destroying one, or two, of these frozen treats. These treats are so easy to make!

**Ingredients**

1 cup of plain Greek yogurt

½ cup of fresh parsley leaves

½ cup of fresh mint leaves

Water as needed

**Directions**

1. Put your yogurt into a blender and add the parsley and mint leaves.
2. Blend for about 4 minutes, adding a tablespoon of water as you go for your pouring consistency preference.
3. When done blending, pour into your ice-cube trays or I use silicone paws and bones trays I bought from Amazon for $9.99.
4. Freeze for a few hours. Check to make sure they are solid and then watch your buddy do the happy dance!

I really enjoy giving Martinez these treats because the yogurt has so many probiotic qualities that it doesn’t impact his digestion and it can also strengthen his immune system. Moreover, the parsley can aid in digestion and reduce inflammation. The mint is antibacterial and antiviral that can prevent bacteria. How awesome is all of this!!

## Martinez’s Recipe for Humans: Pina Colada Mini Muffins (No Alcohol)

By: Cheri Owen with *Martinez*

Hi everyone. This recipe takes a bit of time, but the little muffins are worth it and delicious! I must admit, this one isn’t for fans of chocolate but if you like coconut and pineapple – you will love these!

**Ingredients**

1 cup softened butter – salted

½ cup confectioners’ sugar

1 teaspoon vanilla extract

2 cups cake flower

2 tablespoons of cornstarch

**Filling**

1 ½ cups of sweetened shredded coconut

1 cup of pineapple preserves

½ cup of sugar

¼ cup chopped macadamia nuts

1 large egg

2 teaspoons of cornstarch

**Directions**

1. Heat your oven to 350 degrees.
2. Take 40 mini muffin cups and grease them with canola oil and lightly coat the bottom of each one.
3. Mix butter and confectioners’ sugar until fluffy – about 6 minutes. Mix in vanilla.
4. In a separate bowl, mix flour and cornstarch until it’s creamy.
5. Shape the dough into 1 to 1 ½ inch balls and press them into your greased and floured mini-muffin cups, evenly on the bottom and up the sides of the muffin cup. (It will feel like a little den that you’ve made)

Next……

1. In another bowl mix your coconut, pineapple preserves, sugar, macadamia nuts, egg and cornstarch. Put 1 tablespoon of the mixture into each mini-muffin cup in the little den your created. Bake for about 22-25 minutes. Cool in the pan for 15 minutes and then remove to cool on cooling racks.

## Blind Wine Tasting

By: Kelly Egan with *Caspian*

Isn’t it funny that we’re the experts in blind wine tasting?

In fact, every wine we taste is a blind wine tasting.

Wine tasting can be a fun event for all of us. To go to a winery and/or your local wine shop and do a blind wine tasting, you can learn to taste the subtleties in various wines. Whether you like white wine, red wine, rose or sparkling wine, you can taste them and learn the differences between them. Perhaps you can even learn and become knowledgeable in the vocabulary of wine, whether it be full bodied or light or xyz!

The key is, it’s summer and eating and drinking wine outdoors is enjoyable.

When you go to a wine tasting, some simple tips are:

1. Relax

2. Cleanse your pallet before you start wine tasting. In other words, don’t just eat a heavy flavored cheese or salami.

3. When tasting the wine, swirl it around in the glass and smell the aroma…

4. Take a sip, hold it in your mouth, swirl it around and notice the flavors.

5. Now you get to explore and define the wine you love.

Most importantly, your guide dog can participate, lay quietly by your side, won’t taste the wine, and will love the outing.

Have a fabulous summer while enjoying your wine and elevating your spirits.

# IN GRATITUDE

Please send your In Gratitude submissions to asalger@guidedogs.com for inclusion in a future issue of Alumni News.

## Generations of Love

By Maia Scott with *Gleam*

As I celebrate my beloved Gleam turning five and reflect upon all that she has taught me over the past few years, my heart and mind expand to encompass all the wise women who had a hand in teaching Gleam to be the amazing guide she is today. Many agree that it takes a village to send a guide dog into the world. In this fourth partnership, generations of wise women played important roles in seeing that my guide and I built a strong partnership in order that we “Gleam forward”:

There’s Elliana, the high schooler puppy raiser in Washington that wants to be a vet and exposed Gleam to the vibrant fervor of clanging lockers, ruffling textbooks, assemblies and jostling among friends.

There’s Anna, the trouble shooter raiser also in WA who brought Gleam to the office where she answered 911 dispatch calls and engaged with first responders, brought Gleam on hikes and visits to local attractions.

Then we meet Kate, a trainer in her prime working with an apprentice, helping to train Gleam to become the spunky yet reliable guide she is today.

That brings me to Codi Jo, the apprentice who made Gleam into a targeting Diva who won’t miss an opportunity to proudly show me that crossing, that cool store or that hotel door we found only once before.

And there’s Cathy who I learned later is the second woman to be certified as a guide dog instructor, so her wisdom goes deep. She had the most challenging job of all, training me. Her melodic voice kept me steady and grounded during times of insecurity.

Ah, yes – And Lori, class supervisor, who I had the chance to work with on occasion and who solidified some learning opportunities by wording them differently enough that they finally stuck again for the first time.

I am ever so grateful to all these powerful women – powerful and wise in their own ways and collectively powerful as they harnessed the potential of an overly curious and spicy little golden and an under confident human and merged them into a partnership that is bringing out the best in both as one, Gleam lighting the way.

## IN MEMORIAM: IN MEMORY: IN TRIBUTE

Submissions to this column should be sent to asalger@guidedogs.com

In Memoriam – Honoring GDB Alumni Who Have Passed

Rosie Belcher of Olympia, WA with female Yellow Lab/ Golden Cross, *Taffeta.* (OR 288 – December 2014)

IN Memory – Remembering Guides Who Have Passed

*Louise,* female Yellow Lab guide for Deidre Muccio of Northampton, MA (OR 163 – July 2009)

*Miramar,* female Yellow Lab/ Golden Cross guide for Carol Barnes of Tucson, AZ (OR 211 – October 2011)

# GIFT SHOP NEWS – July 2023

By: Michelle McNew, Retail Supervisor and Operations Analyst

Listed below are new items that have arrived in the gift shop recently:

3 Guides Auto Shade $25

This sunshade is made of a light, reflective material to keep automobiles cool. Featuring a picture of a golden retriever in harness, a black labrador retriever in harness and a yellow labrador retriever in harness with trees in the back ground and a white GDB logo across the bottom. Easy to open and install and held in place with automobile sun visor. Pops open and folds easily into a carry pouch. It can protect your car's interior from the damaging sun rays.

Measuring 59" L x 27 1/2"W

3 stages Beanies $25

Keep your head warm with this fun cuff beanie. The artwork features our 3 Stages of a Guide Dog design: a teal colored puppy in the play bow position, a bright green adolescent in a sit position and an orange dog standing in harness. Including a teal colored GDB Logo on the cuff. Available in heather brown without a pom and dark gray heather with a blue pom.

11 oz Braille Mug - Hunter Green $18

This mug features the GDB logo in white with Guide Dogs for the Blind written in Braille underneath. This 11 ounce mug has a handle and is made of porcelain. Available in hunter green.

Braille 4x6 Photo Frame Black with Silver trim $30

This black aluminum vertical frame features a GDB logo in silver at the top and guidedogs.com in silver braille at the bottom. This is a 4x6 vertical frame with a velvet backing and silver border.

Contoured ¾ Sleeve Henley $35

This snag resistant henley is a winner for warmer weather! With exceptional moisture wicking and resists UV rays - making it a great out-of-the-office look , too! 100% polyester pique , open neckline with a 5 button henley and hip length. Available in True Blue in sizes Xs through 4XL.

Contoured GDB Braille Tee $25

This a 100% Combed Ringspun Cotton Fine Jersey soft crew neck t-shirt. Machine wash and Tumble dry low. Featuring the letters GDB in white puff braille on the back, the GDB url underneath and the GDB logo in white on the left chest. Available in purple in sizes XS through 4XL.

Contoured Fit Guide Dog Puppy Raiser Tee $25

Ok Puppy Raisers, here is your chance to be a twin with your puppy in training! The front design reads " Guide Dog Puppy Raiser" in white , with the GDB url in white underneath it. And a white GDB logo on the left sleeve.Made of 100% ring spun cotton. Available in Kelly Green in sizes Extra Small through Extra Extra Extra Extra Large.

 Contoured Full Zip Microfleece $45

This super soft and cozy microfleece will keep you warm and fashionable! Made of 100% polyester microfleece and features two front pockets. Adorned with a GDB logo on the left chest in contrasting black. Available in aqua green heather in sizes XS through 4XL.

Contoured Logo V Neck Tee $25

The perfect v-neck tee for a polished look. At 4.3-ounce, this 100% combed ring spun cotton is super soft. Featuring the GDB logo in white on the left chest. Available in Fuchsia in sizes XS through 4XL. Machine wash cold. Non-chlorine bleach, when needed. Tumble dry low. Cool iron, if necessary.

Contoured Long Sleeve Dri Wick with Hood $35

This lightweight hooded pullover locks in color and wicks moisture. It's versatile enough for year-round wear. At 3.8 ounces, 100% polyester interlock PosiCharge technology. Featuring thumb holes in the sleeves to help your hands stay warm and GDB logo on the left chest in white. Available in purple in sizes Extra Small through 4 XL. Machine wash cold with like colors. Only non-chlorine bleach. When needed tumble dry low, remove promptly. Cool iron if needed. Do not use softener. Do not dry clean.

Contoured Packable Puffy Vest $58

Everyone loves a packable puffy!! Made of 100% polyester shell and lining and weighing 2.4-ounce and 100% polyfill insulation. Embellished with the GDB logo in white on the left chest. Many features to list: an Interior storm flap with chin guard, reverse coil zippers, zippered chest pocket, front zippered pockets with rubber-wrapped zipper pulls, and adjustable locking draw cord at hem. CARE INSTRUCTIONS: Machine wash cold with like colors. Do not bleach. Tumble dry low. Cool iron. Do not use fabric softener. Do not dry clean. Available in Cobalt Blue in sizes XS - 4XL. Get them while they last!

Contoured SS Polo $35

This Short Sleeve Polo is perfect for the warmer weather! Made of 57/43 cotton/poly pique with a five button placket. Available in Dark Teal Heather in sizes XS through 4XL .

Garden Flag (12.5 x 18 ) – Teal $20

Show your GDB spirit in the garden. This adorable and colorful flag will brighten up your yard and/or garden. Pictured on the flag is one yellow labrador wearing a green puppy in training jacket in a sitting position and one yellow labrador in harness in a laying position. Under the picture is a white GDB logo on a teal blue background. Get yours while they last! Flag pole NOT included.

GDB Bucket Hat $30

This hat has UPF 30+ sun protection, a moisture-wicking sweatband and a durable water-repellent (DWR) finish. A great hat for all year around. Made of 100% polyester microfiber and features a fixed adjustable shock cord. Adorned with GDB and Guide Dogs for the Blind in black embroidery. Available in black or beige in sizes Small/Medium and Large/ XLarge.

Fingerless Gloves $10

These fingerless gloves are the perfect equipment for typing, gaming or walking the dog. They'll help keep your hands warm! Knit stitching will fit a wide range of variably sized hands.100% acrylic.Adorned with a white GDB logo on each hand. Available in Royal Blue, Black and Purple

Lanyard Braille Black $8

This polyester lanyard is adorned with dthe GDB logo in blue and green and GDB in white braille. Featuring a detachable portion at bottom with attachment for ID badge etc. Total length is 20.5 inches. Available in black.

Luggage Handle Wrap – Teal $5

Constructed out of padded neoprene and featuring a teal blue background with paw prints and bone shapes. On top of the background are illustrations of a golden retriever face, black labrador face and yellow labrador face, along with a white GDB logo. This luggage handle wrap makes a statement and sets your bag apart at busy airports. 5" W x 5.5" H

Notebook 7X9 $16

Get your hands on this adorable 7x9 lay flat notebook, before it sells out! The front cover features a white GDB logo with a Golden Retriever Guide, Black Labrador Guide and Yellow Labrador Guide all in harness facing forward in the sitting position. The back cover features a teal blue block with the GDB logo and url in white. Next to that is a photo of a Yellow Labrador Guide and a Black Labrador Guide in harness facing forward in the sitting position. You will smile every time you look at this notebook! On the inside of each cover is a teal background with white paw prints and bone shapes. All 144 pages of this notebook are lined. Get them while you can!

Photo Notecards Blank inside (10pk)$20

10 notecards per pack, 2 cards of each design. The 5 designs are as follows: The first design has two black labs laying side by side, one guide in harness and one in a green puppy jacket. The second design has three guide dogs lying in a row - from left to right , a black labrador retriever, a golden retriever and a yellow labrador , each in harness. The third design is a yellow labrador puppy in a green puppy jacket lying next to a yellow labrador guide in harness. The forth design is a golden retriever puppy lying on the floor of the puppy center. The fifth design is a yellow labrador guide in harness lying next to a golden retriever puppy in green puppy jacket. Each card has Guide Dogs for the Blind logo in the upper left corner in white and Guide Dogs for the Blind in braille at the bottom of each photo. Envelopes included . All cards are blank inside. Pictures are from submissions from the GDB community and/or from our staff photographers.

Pup & Guide Pint Glass $15

This 16 ounce pint glass features a tactile design of guide dogs in harness and puppies in puppy jackets in many colors such as yellow, blue, orange and raspberry along with the GDB logo in white along the top border and the GDB url in white along the bottom border. Available with a blue border or a green border. Hand wash only.

Pup & Guide Waterproof Collar $20

Our first waterproof collar made with a urethane coating. This collar is specifically designed to be resistant to odor, dirt, salt water, fresh water, rough outdoor play and work, tearing, chewing, and just about anything else your dog can do to it. Featuring our popular Pup & Guide Design. A black lab puppy in green puppy jacket in a sitting position is facing a yellow lab in guide dog harness in a standing position. Available is an aquamarine blue and raspberry. Outfitted with a black plastic buckle and chrome D ring. 1 inch wide and fully adjustable- fits 18 inches to 28 inches. Fits most medium to Extra large adult dogs.

Relaxed Full Zip Microfleece $45

This super soft and cozy microfleece will keep you warm and fashionable! Made of 100% polyester microfleece and features two front pockets. Adorned with a GDB logo on the left chest in contrasting white. Available in True Navy in sizes XS through 4XL.

Relaxed Fit Life is Better with a Dog Zip Hoodie – Teal $38

This Zip Hoodie is an 8 ounce Triblend French Terry. It is made of 55/35/10 Cotton/Poly/Rayon

Adorned on the back with a gray dog silhouette with the words" Life is better with a dog" and paw print inside the dog silhouette in white. Also featuring pouch pockets with a phone slot. This sweatshirt has everything! The front of the sweatshirt has the GDB logo on the left chest in white. Available in teal in sizes XS - 3XL

Relaxed GDB Braille Tee $25

This a 100% Combed Ringspun Cotton Fine Jersey soft crew neck t-shirt. Machine wash and Tumble dry low. Featuring the letters GDB in white puff braille on the back, the GDB url underneath and the GDB logo in white on the left chest. Available in oceanside in sizes XS through 4XL.

Relaxed Guide Dog Puppy Raiser Tee $25

Puppy Raisers, here is your chance to be a twin with your puppy in training! The front design reads " Guide Dog Puppy Raiser" in white , with the GDB url in white underneath it. And a white GDB logo on the left sleeve. Made of 100% ring spun cotton. Available in Kelly Green in sizes Small through Extra Extra Extra Extra Extra Large.

Relaxed Guide with Pride Dog Pullover Hoodie $38

Show your Pride! The design on the front of this pullover hoodie features a silhouette of a guide dog in harness in red, with paw prints behind it in the rest of the pride inclusive colors: orange, yellow, green, blue, purple, black, brown, light blue and light pink. Under the design are the words 'Guide with Pride" in black and a black GDB logo under that. This heavy blend sweatshirt is made of 50% cotton and 50% polyester. Available in sizes Small through 4XL in Ash.

Relaxed Guide With Pride Dog Tee $30

Show your Pride! The design on the front of this tee features a silhouette of a guide dog in harness in red, with paw prints behind it in the rest of the pride inclusive colors: orange, yellow, green, blue, purple, black, brown, light blue and light pink. Under the design are the words 'Guide with Pride" in black and a black GDB logo under that. This tee is made of 50/25/25 poly/cotton/rayon blend. and weighing 8 ounces. Available in sizes Extra Small through 4XL in Ash.

Relaxed LS Hoodie Tee with Braille $35

Featuring the letters GDB in white puff braille on the back, the GDB url underneath and the GDB logo in white on the left chest. Made of 100% Cotton. Available in hibiscus in sizes Extra Small through Extra Extra Extra Large.

Relaxed Packable Puffy Vest $58

Everyone loves a packable puffy!! Made of 100% polyester shell and lining and weighing 2.4-ounce and 100% polyfill insulation. Embellished with the GDB logo in white on the left chest. Many features to list: an Interior storm flap with chin guard, reverse coil zippers, zippered chest pocket, front zippered pockets with rubber-wrapped zipper pulls, and adjustable locking draw cord at hem. CARE INSTRUCTIONS: Machine wash cold with like colors. Do not bleach. Tumble dry low. Cool iron. Do not use fabric softener. Do not dry clean. Available in Sterling Grey in sizes XS - 4XL. Get them while they last!

Relaxed Power of Partnership Tee $25

This crewneck features a design on the back with two pink paw prints and the words " Power of Partnership" in white and white braille with a white GDB logo underneath. The front is adorned with a white GDB logo on the left chest. Made of 50% polyester, 25% combed ring spun cotton and 25% rayon. Available in Turquoise Frost in sizes Extra Small through Extra Extra Extra Extra Large.

Relaxed Soft Shell Jacket $58

This Soft Shell jacket works great in the office and on the go! A water resistant shell with a breathable mesh liner gives this jacket an all season wear with plenty of stretch for movement. Made of 100% polyester knit shell bonded to a water resistant film insert and a 100% polyester mesh interior. 1000mm fabric waterproof rating. Featuring a contrasting black front center zipper, contrasting black elastic binding cuffs and a white GDB logo on the left chest. These will not last! Available in True Royal in sizes XS through 4XL. machine wash cold. gentle cycle. tumble dry low. do not dry clean.

Relaxed SS Polo $35

This Short Sleeve Polo is perfect for the warmer weather! Made of 57/43 cotton/poly pique with a three button placket. Available in Aegean Blue Heather in sizes XS through 4XL.

Sling Bag Black $30

Made of waterproof nylon fabric and polyester lining. Features a large main pocket to store mobile phone, laptop, ipad, and other essentials. A front zippered pocket for easy access to small items. The side pocket allows to store water bottle or umbrella. You can carry the with a top handle or use it as a crossbody bag to free your hands. Adjustable straps and buckle waist closure to help prevent slipping. Perfect for travel, hiking or camping. Measures 21.26"L x 14.17"Wx5.9"H. Available in black. Adorned with a white GDB logo.

Stashable Backpack $40

The ultimate packable travel backpack. This lightweight backpack cleverly rolls up and flips into its built-in pouch so it folds up small and is easy to fit in your luggage. Features a zipper closure at the top and a small pocket on the outside. At your destination, this small packable backpack holds all your day-trip essentials so you’re hands-free to explore and trek. With its rucksack style, this lightweight bag is perfect for travel and weighs just a few ounces. Featuring the GDB Logo in white. Available in colors lime and black. Made of 100% recycled PET. Care - machine washable. Size - 15" wide, 16" tall, with a 5" gusset. Compacted size 15" x 4" x 1"

Waterproof Beach/Picnic Blanket $20

Just in time for summer and perfect for dog owners!!! Enjoy our Waterproof Beach/ Picnic Blanket. This outdoor blanket is made of water resistant fabric. It's easy to sweep sand and dog hair off and it can wash and dry quickly. It includes 4 anchors pegs to hold it in place, a carabiner and drawstring carrying bag. Made of high quality polyester with special quilting that is durable and breathable. Waterpoof and sandproof backing provides insulation too. This blanket measures 82"×79"(210cmx200cm), which offers roomy space for 4-6 adults comfortably A white GDB logo is located on the drawstring carry bag and on the side of the blanket. Available in blue or orange.

Waterproof Sticker - Guide with Pride Dog $2

Show your Pride!! This waterproof sticker design features a silhouette of a guide dog in harness in red, with paw prints behind it in the rest of the pride inclusive colors: orange, yellow, green, blue, purple, black, brown, light blue and light pink. Under the design are the words 'Guide with Pride" in black and a black GDB logo under that. Measuring 4 inches by 3 inches. Great for water bottles too!

Waterproof Sticker – Life is Better $2

Show your support with this cute waterproof sticker. Featuring a design of a labrador silhouette in green with the words " Life is Better with a dog" in white with a GDB logo and url underneath. Measuring 3 x 4 ish. Great for water bottles too!

Waterproof Sticker – Member of the Pack $2

Be a part of our Pack!!! This 3 inch round waterproof sticker features an illustration of a yellow labrador head, golden retriever head and a black labrador head above a bone reading Member of the Pack and a GDB logo in white underneath. This design is printed on a teal blue background.

Waterproof Sticker – Paw Print $2

Show your support with this cute waterproof sticker. Featuring a design of a paw print and the design indie the paw print are many neoon colored guides and pups. Underneath the design is a black GDB logo and url underneath. Measuring 2 x 3. Great for water bottles too!

Waterproof Sticker – Power of Partnership $2

Show your support with this cute waterproof sticker. Featuring two yellow paw prints and the words " Power of Partnership" in black with a black GDB logo underneath. Measuring 3 inches x 4 inches. Great for water bottles too!

Waterproof Sticker – Pup & Guide $2

Show your support with this cute waterproof sticker. Featuring a black puppy in green jacket sitting down and looking at a yellow guide dog in harness in the standing position. Under the design in black is a GDB logo and url underneath. Measuring 4.5 x 3.5. Great for water bottles too!

Youth GDB Braille Tee $20

This youth crew neck tee is made of 100% airlume combed and ring-spun cotton. Machine wash and Tumble dry low. Featuring the letters GDB in white puff braille on the back, the GDB url underneath and the GDB logo in white on the left chest. Available in purple in sizes S through XL. Please refer to the size scale below to ensure a great fit.

Youth Guide Dog Puppy Raiser Tee $20

Puppy Raisers, here is your chance to be a twin with your puppy in training! The front design reads " Guide Dog Puppy Raiser" in white , with the GDB url in white underneath it. And a white GDB logo on the left sleeve.MAde of 100% ring spun cotton. Available in Kelly Green in sizes Extra Small through Extra Large.

Youth Power of Partnership Tee $20

This crewneck features a design on the back with two pink paw prints and the words " Power of Partnership" in white and white braille with a white GDB logo underneath. The front is adorned with a white GDB logo on the left chest. Made of 50% cotton and 40% polyester. Available in Royal in sizes Extra Small through Extra Large.

You can order Gift Shop merchandise online 24/7 at www.guidedogs.com, or you may call our customer service number at 503-668-2115 and leave us a message. All orders are subject to applicable tax and shipping fees.We return phone calls and ship online orders on Tuesday and Thursday mornings, only. For faster service, order 24/7 at www.guidedogs.com/shopGift cards can be purchased and redeemed online, as well as in person and over the phone.

Please check our website periodically for new merchandise updates.

If you have product suggestions, feel free to email me at mmcnew@guidedogs.com.

ALUMNI ASSOCIATION BOARD OF DIRECTORS

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**Amit Ahuja / *Tashi***

**Santa Barbara, CA**

**aahuja@guidedogs.com**

Guide Dogs for the Blind Alumni Chapters

USA

Arizona

*Desert Dogs of Phoenix*

Location: Phoenix, Arizona

President: Scott Wilcock, stitchbert@gmail.com

Vice-president: Brian Mucyo, brianmucyo@gmail.com

*Northern Arizona High Country Walkers*

Location: Northern Arizona

President: Patricia Clingman, patriciaclingman@yahoo.com

Vice-president: Doug Reber, dougib4586@gmail.com

Secretary: Vicki Reber, vreber78@gmail.com

California

*GDB Alumni Foggy Doggies*

Location: San Francisco, California

Email: fogdog@groups.io

Co-president: Lauri Shay, laurishay@gmail.com

Co-president: Jan Robitscher, jbrobit@aol.com

Secretary: Alysa Chadow, chadowab@gmail.com

*OC Guide Dogsfor the Blind Alumni Chapter*

Location: Orange County, California

Web Site: ocguidedogs.com

President: Mindy Wulff, minwulff@gmail.com

Vice-president: Jeff Senge, jcsenge@outlook.com

Secretary: Carla Ross, info@ocguidedogs.com

*Paws of Fame Guide Dogs for the Blind Alumni Chapter*

Location: Los Angeles County, California

Web Site: [www.pawsoffamela.com](http://www.pawsoffamela.com)

President: Joseph Landau, jklandau@yahoo.com

*Sacramento GDB Alumni*

Location: Sacramento, California

Email: sacgdbalumni@gmail.com

Web Site: [www.sacgdbalumni.com](http://www.sacgdbalumni.com)

President: Christopher Pitcher, christopher.pitch@icloud.com

Vice-president: Debra Thompson, adrinamom@gmail.com

Secretary: Shelby Haines, Shelby-Haines@scusd.edu

*San Diego Alumni Chapter of Guide Dog Handlers*

Location: San Diego, California

President: Launa Hardy, Launahardy@gmail.com

Vice-president: Monique Fenton, Moniquegdb14@gmail.com

Colorado

*Colorado Rocky rovers*

Location: Denver, Colorado

Email: CoRockyrovers@gmail.com

President: Beth Gustin, bethglpc@gmail.com

Vice-president: Veronica Rodriguez, Veronicarodriguez1954@gmail.com

Secretary: Pat Hein

Florida

*Sunshine Guide Dog Teams of Florida*

Location: Florida

Description: We talk about our guide dogs and support each other with once a month calls and a once a year in person meeting.

Email: GDBSunshineGuideDogs@groups.io

President: Marcia Bukala, mjbukala@yahoo.com

Vice-president: Jim East, jim.east.mhs@gmail.com

Secretary: Reggie Alvarado, reggie.alvarado@gmail.com

Illinois

*Windy City GDB Alumni*

Location: Chicago, Illinois

Description: Chicago and Northern Illinois

President: Pete Berg, pberg55555@gmail.com

Vice-president: Terry Ann Saurman, saurmann@access4less.net

Secretary: Marian Roberts

Secretary: Maureen Reid.

Indiana, Kentucky, Michigan, Ohio

*Guide Dog Handlers of the Midwest*

Email: GDB\_Midwest@groups.io

President: Deanna Lewis, Deannakay03@gmail.com

Vice-president: Paul Walker, herospaw2002@gmail.com

Secretary: LuAnn Bowers

Montana

*GDB of Montana Alumni Chapter*

Location: Montana

President: Ed Worrell, ed.worrell@icloud.com

Vice-president: Chandra Scheschy, kryodragon7@yahoo.com

Vice-president: Jeniffer Robinson, legacy\_eternaldragon@yahoo.com

Secretary: Aaron Page, ampage87@gmail.com

Oregon

*GDB HaRT of Oregon (Handlers and Raisers Together)*

Location: Portland, Oregon

Description: Join Oregon Handlers and Raisers as we learn, have fun, and strengthen our shared bonds.

Email: GDBHaRTofOregon@groups.io

Web Site: <https://www.facebook.com/groups/gdbhartoforegon>

Co-president: Chari Chauvin, finn986@gmail.com

Co-president: Jenny Collins, puppycruisedirector@gmail.com

Utah

*Greatest Paws on Earth GDB Alumni Chapter*

Location: Utah

President: Sandy Ruconich, sruconich@gmail.com

Vice-president: Patty Mueller, plmueller@q.com

Washington

*GDB Washington State Alumni*

Location: Washington State

Description: Supporting each other and keeping everyone up to date about GDB

Email: wagdbalumni@groups.io

Co-president: Holly Turri, holly.turri9@gmail.com

Co-president: Danette Dixon, danettedixon63@gmail.com

Canada

British Columbia

*BC Dogwoods GDB Alumni*

Location: British Columbia

Email: BC Dogwoods Alumni Group talkadvocacy@hooh.ca

President: Heather Walkus

Advocacy: Lisa Bentz

Outreach: Matt Salli

Quebec

*Isee Paws Guide Dogs*

Location: Montreal, Quebec

President: Kim Holdbrook, kimholdbrook3@gmail.com

Special Interest

GDB Bibliodogs

Description: The GDB book club. Meets on the third Thursday of each month at 4:00 pm Pacific.

Email: GDBBibliodogs@groups.io

President: Leigh Moss, lparkermoss@gmail.com

Vice-president: Sue Wilkening, smsw57@gmail.com

Secretary: Robin Gray, ms.gray@shaw.ca

GDB Creative Tails writing group

Description: Writing

Email: GDBCreativeTails@groups.io

President: Lisa Gilmartin, lsg1144.lg@gmail.com

Vice-president: Dorianne Pollack, Doriannepollack@gmail.com

Secretary: Launa Hardy, launahardy@gmail.com

GDB Guide Dog Handlers All Ways

Description: GDB grads and other guide dog handlers with multiple disabilities

Co-president: Kim Kilpatrick, kimjkilpatrick@gmail.com

Co-president: Jo Elizabeth Pinto, jopinto@msn.com

Vice-president: Sarah Gales

Secretary: Deanna Lewis, Deannakay03@gmail.com

GDB Mommies with Guides

Description: Focus on parenting

President: Tara Chavez, tmatzick06@gmail.com

GDB Paws Around the World

Description: Travel

President: Sue Wilkening, smsw57@gmail.com

Vice-president: Erika Wolf, wolf67120@gmail.com

Secretary: Lillian Goodman, lilliangoodman98@gmail.com

GDB Raisers and Handlers

Description: Bringing raisers and handlers together.

President: Danette Dixon, Danettedixon63@gmail.com

Vice-president: Paul Walker, herospaw2002@gmail.com

Secretary: Mary Flynn

Outreach: Andrea Barnhurst, atl\_braves1fan@yahoo.com

GDB Tech Dogs

Location: International, meets via Zoom

Description: Sharing tips, tricks, and techniques related to technology

Email: techdogs@groups.io

Web Site: [www.tech-dogs.net](http://www.tech-dogs.net)

President: Deborah Kendrick, Kendrick.deborah@gmail.com

Vice-president: Paul Walker, herospaw2002@gmail.com

Gdb Stitch and Bitc*h*

Description: Needlecrafting of all types

Email: GDBStitchAndBitch@groups.io

President: Dorianne Pollack, Doriannepollack@gmail.com

Vice-president: Jack Heim, john@johnheim.com

Secretary: Deanna Lewis, Deannakay03@gmail.com

Please send updates to pberg@guidedogs.com. Last updated: Wednesday, March 02, 2022